



## LUNCH MENU

### BEVERAGES

Coke, Diet Coke, Dr. Pepper, Sprite, Root Beer or Fruit Punch (w/refill)	2.50
Iced Tea or Hot Tea (regular or herbal)	2.50
Lemonade	2.50
<b>Cinnamon's Hawaiian Blend Coffee</b> (try it iced!)	2.50
50% Hawaiian-grown coffee: 25% Kona & 25% Kaua'i	

### LUNCH SIDES

Tossed Salad	reg 4.00	lg 5.50
Cinnamon's Tri-Color Cole Slaw		4.50
Garlic Bread (made with our sourdough)		4.50
French Fries, Baked Beans or Frijoles		3.50
Rice (white or brown)		1.50

## SENSATIONAL SALADS

<b>Curried Chicken &amp; Papaya</b> – Half of a papaya, filled with our homemade curried chicken salad, on a bed of tossed greens with tomato and cucumber slices and a piece of multigrain toast!	11.50
<b>Mandarin</b> – Char siu pork, Chinese roast chicken, won ton chips and peanuts on tossed greens garnished with Chinese parsley and mandarin orange; served with Oriental dressing.	11.50
<b>Taco Salad</b> – Your choice of seasoned ground beef or shredded chicken AND baked beans or frijoles in our large flour tortilla shell, filled with lettuce, tomatoes, olives and cheddar cheese with salsa and sour cream on the side.	10.50
<b>Spinach 'n Bacon</b> – Fresh, raw spinach, real bacon bits, fresh mushrooms and grated parmesan cheese with our special dressing	10.50

### SOUPS

<b>Award-Winning Portuguese Bean Soup</b>	Cup 4.50	Bowl 6.50
<i>(Make it a meal! Add our homemade cornbread for 2.50)</i>		
<b>Homemade Soup du Jour</b>	Cup 3.50	Bowl 5.50

### MEAL-SIZED PUPUS

<b>Cinnamon's Nachos</b> – We cook our own tortilla chips and add real cheddar cheese, frijole beans, black olives, and jalapenos; with salsa & sour cream	10.50
<b>Mucho Nachos</b> – Same as above only add Mexican-seasoned ground beef or seasoned shredded chicken 'n tomatoes!	11.50

### SOUP & SANDWICH COMBO (Weekdays Only)

Ask about today's special – a cup of soup du jour (or Portuguese Bean for \$1.50 more) with a daily special sandwich on either white or whole wheat bread.  
You can also substitute (or add) a tossed salad!  
\$7.50 for two      \$9.50 for all three!

## OLD FASHIONED HAMBURGERS

Our homemade beef patty or a turkey or veggie patty served with lettuce, tomato & onion on a sesame bun	\$9.50
<i>Make it a cheeseburger or teriburger</i>	10.50
<i>Jalapeno &amp; Monterey jack burger</i>	10.50
<i>Mushroom, bacon and Swiss burger</i>	10.50

### DESSERTS

Pineapple Upside Down Cake	4.50
Chocolate Mocha Cake	4.50
Ice Cream	3.50

*(Ask about our daily special desserts!)*



## CINNAMON'S SANDWICHES

(includes either french fries, baked beans or cole slaw)

<b>Grilled Cheese</b> – Monterey jack, Swiss and American cheeses on your choice of bread	6.50
<i>With grilled ham or tomato</i>	7.50
<b>Reuben</b> – Thinly-sliced corned beef or turkey with Swiss cheese, sauerkraut and thousand island dressing, on our grilled light rye	9.50
<b>Pastrami</b> – Grilled pastrami and Swiss cheese on grilled dark rye	9.50
<b>Meatloaf</b> – Our own recipe! Served on grilled sourdough, with lettuce, tomato & onion	9.50
<b>Patty Melt</b> – Fresh hamburger, turkey or veggie patty on grilled rye with sauteed mushrooms, onions & Swiss cheese. A hearty sandwich!	9.50
<b>Au Natural</b> – Chicken or tuna salad with lettuce, onion, tomatoes, cucumbers and mushrooms, piled on grilled multigrain bread! Deliciously healthy!	10.50
<b>Chicken Cashew</b> – Our most popular! Homemade chicken salad topped with melted cheddar and chopped cashews with lettuce, tomato & onion served on grilled sourdough bread. It is THAT good.	10.50
<b>Curried Chicken Salad</b> – Our homemade mild-curry chicken salad on grilled Agnes' Bakery Portuguese sweet bread. Unique to Cinnamon's!	10.50
<b>Mahi Mahi</b> – Served broiled or Kona style (dipped in light egg batter & grilled) with lettuce, tomato & onion on a bun. Lemon & tartar sauce on the side.	10.50
<b>Roast Beef Dip</b> – Roast beef on a toasted French roll; with au jus	10.50
<i>Sauteed mushrooms, onions &amp; Swiss, add</i>	2.50
<b>Crabcake Sandwich</b> – Carsie's ono crabcakes (made with a blend of lump and snow crab, imitation crab and bay shrimp) with lettuce, tomato, onion and a sun-dried tomato aioli on a grilled bun	11.50

## LUNCH POTPOURRI

(where offered, choice of: rice (white or brown), cole slaw, French fries, baked beans or mashed potatoes)

<b>Baked Spaghetti</b> – A local favorite! With ground beef and lots of cheese, served with a tossed salad and sourdough garlic bread. Just like moms.	9.50
<b>Beef Liver</b> – Grilled & topped with bacon and sautéed onions, with vegetables du jour and choice of starch. Liver fans truly love this dish!	9.50
<b>Meat Loaf</b> – Homemade meatloaf with vegetables, choice of starch our brown gravy & a second sauce, unique to us, on the side	10.50
<b>Mahi Mahi</b> – Fillets broiled or Kona style (dipped in egg & grilled) plus choice of starch and vegetables du jour or cole slaw. With tartar & lemon.	10.50
<b>Stir Fry</b> – Choose mahi, beef or chicken; chopped fresh bell pepper, celery, carrots and onions stir-fried with a hint of our teriyaki sauce; with white or brown rice – we also suggest vegetarian style, with cashew nuts instead of meat.	10.50
<b>Chicken Cutlet</b> – A breaded chicken cutlet smothered in gravy. Served with your choice of starch & vegetables du jour	10.50
<i>Try it our spicy Korean style!</i>	11.50
<b>Roast Beef</b> – Roast beef with our rich, brown gravy, vegetables & choice of side	11.50
<b>Pasta 'n Pesto</b> – Linguini with capers, fresh spinach, artichoke hearts, sautéed onions, olives, and choice of basil or sun-dried pesto topped with walnuts and parmesan cheese. Served with garlic bread.	11.50
<b>Hawaiian Plate</b> – Oven-baked kalua pork, served with (pork) lau-lau, rice and sliced tomatoes laced with papaya seed dressing.	12.50

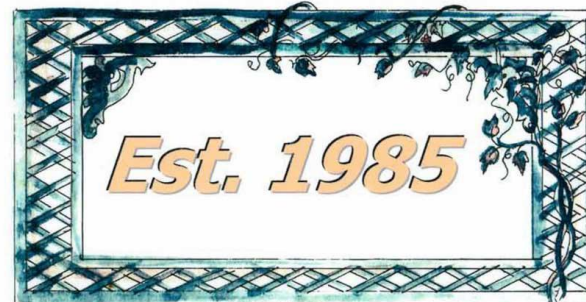


## OPEN DAILY

7am – 2pm

*(Please note lunch is not served on Sundays & no take out orders on Saturdays or Sundays – mahalo!)*

*Breakfast served 'til closing!*



## - ESTABLISHED FAVORITES -

*Items that first appeared on our menu on March 1, 1985*

<b>Kailua Double Delite</b> – A mound of chicken salad (or substitute our curried chicken salad) and tuna salad over a bed of tossed greens, served with tomato & cucumber and your choice of dressing	11.50
<b>Cinnamon's Steak Salad</b> – A slice of our roasted and broiled prime rib over our tossed greens, served with tomato and cucumber and Oriental dressing	11.50
<b>Grilled Sweet Bread Ham &amp; Cheese Sandwich</b> – Our ham steak with Swiss cheese, served on grilled slices of thick sweet bread, with your choice of side	10.50
<b>Chicken Fantasy</b> – Boneless broiled chicken served over a bed of Fresh spinach, then layered with steamed broccoli & Swiss cheese – all smothered in our signature hollandaise sauce; served with your choice of side	11.50





## BREAKFAST AT CINNAMON'S

### CHILLED JUICES

Orange, Grapefruit, Cranberry, Guava, Apple or Tomato Juice  
reg 2.50 large 3.50

### BEVERAGES

Cinnamon's Signature Roast Coffee (50% Hawaiian coffee blend – 25% Kona & 25% Kaua'i)  
Hot or over ice. Roasted and blended exclusively for Cinnamon's! 2.50

### Cinnamon's Mugs & Coffee Available for Sale

Tea (regular or herbal) 2.50  
Hot Chocolate 2.50  
Chocolate Milk reg 2.50 large 3.50  
Milk reg 2.50 large 3.50

## BREAKFAST SIDES

### HOMEMADE BAKERIES

Cinnamon's Roll 3.50  
Cinnamon's Cinnamon-Macadamia Nut Roll 4.50  
Cornbread or Coffee Cake 3.50  
Biscuit 2.50

### OTHER BREAKFAST SIDES...

Bacon, link sausage, beef, turkey or veggie patty, ham steak, meatloaf, Portuguese, 6.50  
Chicken-apple or Cajun sausage.  
Corned beef hash, Canadian bacon, broiled mahi-mahi, roast beef, chicken cutlet. 6.75  
Roasted & broiled prime rib or crap chops 8.50  
Hash browns (with cheese, add 1.50) 2.50  
Homefries (with cheese, add 1.50) 3.50  
Rice (white or brown, per scoop) 1.50  
One (1) egg (additional eggs add 1.50 ea.) 1.50  
Toast (choice of breads) 2.50  
Fresh, local-grown Papaya (one-half) Mkt Price  
Grapefruit Sections cup 4.50 bowl 5.50  
Oatmeal 6.50

## SUNSHINE

Grilled English muffin and ingredients from the choices below,  
smothered in our sharp cheddar cheese sauce; served with  
homefries & scrambled egg (1 for half order; 2 for full orders):

**Traditional** (Grilled, sliced ham)

**Veggie** (Fresh, raw spinach and tomato)

1/2 order: 8.50 Full order: 11.50

**Combo** (Ham with fresh, raw spinach & tomato)

1/2 order: 9.50 Full order: 12.50

## Start of A Nice Day (S.A.N.D.)

Two (2) buttermilk pancakes OR French toast (white or wheat),  
one egg (any style) & choice of bacon, ham or pork link sausage.  
7.50



## CINNAMON'S SIGNATURE FROM-SCRATCH EGGS BENEDICT

Served with homefries or hash browns  
(sorry, no substitutions)

**Traditional** (Canadian bacon 'n turkey)

**Veggie** (Fresh, raw spinach and tomato)

**Mahi Mahi** (Hawaii's favorite fish)

1/2 order: 9.50 Full order: 12.50

**Crabcake** (Chef Carsie's homemade recipe)

**Kalua Pork** (Hawaiian pork, smoked & shredded)

**Lox** (Cured, smoked salmon)

1/2 order: 10.50 Full order: 13.50

**Super-Combo** (Choose above, with spinach & tomato)

add 2.50 to 1/2 3.50 to full

Our hollandaise sauce is made from egg yolks, fresh-squeezed lemon juice, butter  
& other quality ingredients extra/side 1.50

## OMELETTES

Fluffy three (3) egg omelettes with choice of rice (white or brown)  
homefries, biscuit, buttermilk pancakes or hashbrowns

♥ Omelettes can be made 'local style' (items mixed into eggs)

♥ Smaller portion omelettes are available for \$2.25 less

**Chinese Omelette** Shredded roasted chicken, char siu pork 11.50  
& fresh fu yong vegetables with oyster sauce; local style

**Hawaiian Omelette** Our kalua pork, diced tomatoes, 11.50  
white and green onions and lau-lau ingredients (lu'au leaves,  
pork and butterfish) - served local style; truly 'ono!

**Farmers** Mega-omelette - potatoes, bacon, onion (green and white) 11.50  
ham, tomatoes & cheddar cheese. The works!

**Frittata** Open face Italian omelette with choice of 11.50  
basil pesto or sun-dried tomato pesto, artichoke hearts, spinach,  
onions & olives, topped with melted parmesan cheese. *Buono!*

**Benedict Omelette** Eggs benedict omelette style! 11.50  
Choose Canadian bacon 'n turkey or fresh, raw spinach &  
tomato - all smothered in our homemade hollandaise sauce

**Fiesta** Fresh tomatoes, chiles, black olives, Monterey jack cheese 11.50  
With ground beef or chicken, add 1.50

**Decisions...** Your choice of up to three (3) items: 11.50  
Ham, bacon, sausage (link or Portuguese), spinach, tomato, onion,  
green chiles, mushrooms, bell pepper, zucchini, sour cream, salsa,  
seasoned ground beef or shredded chicken, olives, jalapenos or  
(cheddar, jack or swiss) cheese additional items, each 1.50

## THE ISLAND'S BEST PANCAKES!

Guava Chiffon ( <i>ala mode</i> , add 1.75)	6.50 (2)	9.50 (4)
(Local) Corn Pancakes with Blueberries	6.50 (2)	9.50 (4)
Red Velvet (with white chocolate topping)	7.50 (2)	9.95 (4)
Carrot	6.50 (2)	8.50 (4)
Cinnamon-Apple	6.50 (2)	8.50 (4)
Blueberry	6.50 (2)	8.50 (4)
Banana ( <i>add blueberries for 1.75</i> )	6.50 (2)	8.50 (4)
Buttermilk	4.50 (2)	6.50 (4)

Any pancake can be substituted for buttermilk with your meal for \$2.25 additional!



## BREAKFAST MEAT & EGGS

Choose one meat below, with two large eggs & choice of rice (white or brown),  
homefries, hashbrowns, pancakes or our homemade biscuit

Canadian bacon, corned beef hash, chicken cutlet, roast beef and broiled mahi-mahi 9.75

Bacon, link sausage, beef or turkey patty, veggie burger, ham steak, portuguese 9.50  
or cajun sausage, or meatloaf.

**Roasted & Broiled Prime Rib (6oz) & Eggs** 11.50

(larger cuts available, per ounce, add:)

w/sauteed mushrooms 'n onions add 2.50

**Carsie's Crabcakes & Eggs** Blend of lump & snow 12.50  
crab, imitation crab and bay shrimp & other special ingredients

## FROM THE GRILL

**Skillet Breakfast** A bed of our homefries topped 10.50  
with one egg (your style) and choice of up to 3 items: Bacon,  
ham, sausage (link or Portuguese), spinach, tomato, jalapenos,  
green chiles, olives, mushrooms, bell pepper, zucchini, salsa,  
sour cream or seasoned ground beef or shredded chicken

- With melted cheddar cheese or our hollandaise 11.50  
additional items, each 1.50

**Baja Breakfast** Two scrambled eggs & green chiles, 9.50  
served on a crispy corn tortilla with melted cheddar cheese and  
homefries; with sour cream & salsa

With seasoned 1.50  
ground beef or chicken & diced tomatoes, add

**Loco Moco** Steamed white or brown rice, topped 9.50  
with a hamburger, turkey or veggie patty or chicken cutlet and  
one egg (your style), then smothered in our rich brown gravy!

With two eggs 10.50  
w/sauteed mushrooms 'n onions add 2.50

## FRENCH TOAST

Portuguese Sweet Bread (Two thick slices) 6.50

Whole Wheat, White, Sourdough or Multigrain (Three slices) 6.50

**Add French Toast Toppers** 2.50

Choose from cinnamon apples & whipped cream or  
our unique guava chiffon duet topping

- ♥ Substitute Cinnamon's homemade honey butter, made with macadamia nut blossom honey – FOR NO EXTRA CHARGE!
- ♥ Eggbeaters may be substituted in any egg dish for 1.00 per egg. Sorry, we do not offer egg whites as an alternative.
- ♥ For guests with food allergies, Cinnamon's uses/serves nuts, soy, fish shellfish, wheat, milk & eggs extensively – we do not add MSG!!
- ♥ Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness.
- ♥ Because we believe in fresh, wholesome food made daily, please note that we may run out of certain menu or specialty items.
- ♥ We offer catering! Your place or ours...Please ask for details
- ♥ Gift certificates available in any denomination. Please see our cashier.
- ♥ Reservations recommended for parties of five (5) or more, anytime. Also, please make your holiday reservations weeks ahead of time!
- ♥ Coupons, offers & info at [www.cinnamonsrestaurant.com](http://www.cinnamonsrestaurant.com)